

The "Hamburger Schule"

The Idea of Man

The idea of man is a term common in philosophical anthropology for the idea or the image that somebody has about the nature of humans (constructivist analysis). As long as humans are part of the world then the idea of man is also part of the world view. The idea of man as well as the world view are always bound to a certain value-interpreted conviction or teaching that somebody believes in.

In coaching, the underlying idea of man is action-guiding for the coach.

The idea of man at the Hamburger Schule comes from the theory of Self-Organised Coaching and is derived from:

1. Constructivism
2. General personal rights
3. Humanism

Content of the idea of man at the Hamburger Schule

Constructivism

Constructivism implies that a person identifies, evaluates and interprets all thematic interrelationships from within. Fundamentally it is an expression for a scientific mindset and attitude which assumes that knowledge, awareness, ideas and other content do not happen by nature but as a recognizable subject, constructed by a person

Our ability of perception, our language and our cognitive structures basically "limit" our knowledge. This fact is independent of our intellect.

General personal rights

The origins of coaching can be seen in the general personal rights from article 2, paragraph 1 in conjunction with paragraph 1 of the German Constitution for the free development of the personality. It protects not only the individual right for respect of a person but also the individual way of living. This basic right of freedom is derived from the general freedom of action in article 2, paragraph 1 of the German Constitution and of human dignity in article 1, paragraph 1 German Constitution.

Humanism

Humanism describes a human being as an entity made up of body, soul and mind. Through the mind, the human being is conscious of himself. He has a self-consciousness and is, therefore, able to reflect upon the past and to plan the future. The human self-conscience also contains the reflected perception of other human beings.