

The “Theory of Self-Organised Coaching”

Theory Structure

Whoever advocates quality assurance and further education in coaching should also possess a differentiated complexity of influencing strategies. This complexity provides a theory as it, on its own, not only depicts a coaching process or undifferentiated means cross-school content or focussing on individual schools without knowing their legitimacy. The theory of Self-Organised Coaching describes all coaching-related mechanisms. Only this coherence makes it possible to develop and verify quality.

The theory of Self-Organised Coaching has the following structure:

1. Current market situation
2. Understanding theory
3. Definitions and terms
4. Axioms
5. Explanations and derivations
6. Empirical operationalisation and postulates
7. Practical application
8. Contextualisation